

Hampton City Schools Athletic Department

COVID-19

Screening Expectations and Protocols

Every athlete, coach, and staff member must complete a **daily** health screening in order to be present for and/or participate in any Hampton City Schools sponsored athletic activity. This includes but is not limited to: conditioning, training, practices, try-outs, team meetings, team meals, athletic contests, and all other events. Any individual considered at high risk based on screening or assessment will be immediately required to leave the facility and will not be eligible for practice that day.

Sportsware Screening Platform

Daily Screening Protocol

Every athlete, coach, and staff member will complete the following Covid-19 screening (By Sportsware) questionnaire. The questionnaire must be completed and submitted prior to attendance at any HCS sponsored athletic activity. Failure to complete the questionnaire will result in an inability to participate in athletics on that day.

Symptoms Asked Via Sportsware Screening:

Fever or Body Chills	Y/N
Cough	Y/N
Shortness of Breath or Difficulty Breathing	Y/N
Fatigue	Y/N
Muscle or Body Ache	Y/N
Headache	Y/N
New Loss of Taste or Smell	Y/N
Sore Throat	Y/N
Congestion or Runny Nose	Y/N
Nausea or Vomiting	Y/N
Diarrhea	Y/N

Questions Asked Via Sportsware Screening:

Have you in the last 14 days...

- Been in contact with a confirmed COVID-19 patient?
- Visited an area affected with COVID-19?
- Received a positive test result/diagnosis of COVID-19?

Any individual who does not have access to a device for completion of the daily screening will be given the opportunity to complete the screening with the athletic trainer on-site

Athletic Trainer Assessment

Following submission of the daily screening, every athlete, coach, and staff member will be assessed by the athletic trainer. The athletic trainer will ensure that every individual present has completed the Sportsware Screening and answered negatively to all questions. Additionally, the athletic trainer will communicate with any patient who was “red-flagged” in order to offer guidance on follow-up care and treatment options. **Any individual who has answered YES to any question will be asked to leave immediately and will not be allowed to participate or be present at any HCS sponsored activities** that day, unless it is determined by the school’s Athletic Trainer that there is another clinically-sound reasoning for the presence of singular or multiple signs or symptoms. If it is determined that there is another cause, not associated with Covid-19, for the sign or symptom, the student will be allowed to participate in HCS sponsored activity that day.

Additionally, every athlete, coach, and staff member will undergo a daily temperature assessment following the completion of the screening. Temperature assessment will be completed by the athletic trainer, coach, or other designated individual at the discretion of the sports medicine staff. **Any individual with a temperature above 100.4° will be asked to leave immediately and will not be allowed to participate or be present in any Hampton City Schools sponsored activities that day.** Anyone who screens positive for a temperature above 100.4 will be referred to the school nurse for further assessment.

Protocol for Disqualified Individuals

For individuals who have exhibited any sign or symptom of Covid-19, has had a known exposure to an individual diagnosed with Covid-19, has a current or previous diagnosis of Covid-19, and/or has a positive temperature assessment above 100.4, the following protocols will be utilized for that individual’s clearance and return for HCS sponsored activity. These athletes and/or affiliated HCS athletics staff members will go to the school nurse for continued monitoring and contact tracing services. These recommendations are fluid and subject to change based on CDC and state/local guidelines.

- Exhibiting signs/symptoms and/or temperature assessment above 100.4, **in the absence** of known Covid-19 exposure: Must be sent home and disqualified from all HCS

sponsored activity until symptom-free for 72 hours without the use of fever-reducing medications, unless determined by School's Athletic Trainer of another clinically sound reasoning for the presence of singular or multiple signs or symptoms. If it is determined that there is another cause, not associated with Covid-19, for the sign or symptom, the student will be allowed to participate in HCS sponsored activity that day

- Exhibiting signs/symptoms and/or temperature assessment above 100.4, **with** known Covid-19 exposure: Disqualified from all HCS sponsored activity; must be sent home and referred to a healthcare provider for Covid-19 evaluation, assessment, and/or testing.
 - Positive Covid-19 test: Required to self-quarantine for at least 10 days from last positive COVID-19 test and/or initial day of symptoms prior to return to any HCS sponsored activity. The individual must also be symptom-free for 72 hours without the use of fever-reducing medications.
 - Must submit a completed HCS return to sport form completed by a licensed healthcare provider
 - Must complete the COVID-19 return to play progression with the licensed athletic trainer
 - Negative Covid-19 test: May be cleared for return to HCS sponsored activity with written medical documentation from the healthcare provider. The individual must also be symptom-free for 72 hours without the use of fever-reducing medications.
 - Absence of Covid-19 test: Required to self-isolate for 14 days following last known exposure to Covid-19 infected individuals, prior to returning to any HCS sponsored activity. The individual must also be symptom-free for 72 hours without the use of fever-reducing medications.
- If staff or student-athletes test positive for COVID-19 and, upon contact tracing by the school nurse, it is determined that other student-athletes and/or coaches were likely exposed to the COVID-19 virus, those with likely exposure **will not** be allowed to continue conditioning until cleared by the school nurse.
 - IF the exposed person maintains a record (documented in Sportsware) of being asymptomatic, they can return to conditioning/practice with school nurses' approval after 14 days. NO COVID TEST.
 - IF the exposed opt for COVID testing, and receive a NEGATIVE COVID-19 test result AND remain asymptomatic (documented in Sportsware), they can return in 72 hours with school nurse approval.
 - IF the exposed opt for COVID testing, and receive a POSITIVE COVID-19 test, result they will be required to be in isolation for 10 days and then cleared by the school nurse before returning.

Any individual who has been evaluated or treated by a healthcare provider must submit written documentation for clearance prior to return to training/activity, whether or not they have received a Covid-19 test

***Athletic Trainers will require documentation from a licensed health care provider in accordance with the VHSLs “**Interim Guidance for Return to Play after COVID-19 Infection (Ages 12-21 Years)**” produced by the Virginia Chapter – American Academy of Pediatrics guidelines released on 11/24/2020. This may include the need for cardiac testing and an altered plan of care per the LHCPs discretion.*

***Per the Hampton City school guidelines, all athletes and affiliated athletics staff members who are monitored and/or evaluated for COVID-19 must be granted final clearance by the school nurse before returning to participation.*

